THE GOOD AND THE BEAUTIFUL ELECTIVE

GRADES 5+



Oil Painting



The Good and the Beautiful

Created by The Good and the Beautiful Team

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ABOUT THIS COURSE

Oil Painting consists of six lessons. The course is designed to be completed by the student independently, but parents or guardians can choose to be as involved in the lessons as they would like to be. Students should be aware that their results will not exactly match the results shown in the lessons, which were completed by a professional artist. Painting techniques take time and practice to master, and each individual artist will have their own style. Repeated practice will help students refine their results.

Lesson Overview

Each lesson begins with an overview of a concept or technique used in oil painting, along with a small activity to illustrate that concept. To keep the student focused on the material, "Knowledge Checks" appear every few pages. The bulk of each lesson is a step-by-step walk-through of a full oil painting. Each project may take several hours to complete. The paint *does not* need to dry between steps. In fact, traditional oil paints will take days or weeks to fully dry. In Lessons 2–6, a suggested pause point has been included midway through the project, though students can pause at any point, cover their palette with plastic wrap, and continue the project later. **Note:** The Lesson 1 project is best completed in a single painting session.

Getting Started

The following page includes a list of supplies that will be needed for the full course. Each lesson begins with a supply list showing what is needed for that specific lesson. Students will need a well-ventilated workspace, an art smock or clothing they don't mind staining, and the correct supplies for cleanup and disposal. (See page 15 for cleanup instructions, and always read product labels carefully.) Check with your local waste disposal facilities about how to properly dispose of oil paint, oil-soaked rags, and cleaning chemicals.

Oil painting is a time-consuming process. Each lesson is designed to be completed in one or two sessions, each lasting over an hour. The amount of time spent on each lesson may vary greatly from student to student. A good rule of thumb is for students to pause their work if they find themselves feeling tired or frustrated. Paint can be saved on the palette (just cover it with plastic wrap), and the student can resume work when ready.

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COLORS AND SUPPLIES USED IN THIS COURSE

Paint Colors Needed

Any shade of the listed colors will work, though phthalo blue and green are preferred when listed. If you would like to use the exact colors the artist used in the example painting shown, you will find their names in parentheses. Look specifically for traditional oil paint instead of water-mixable paint. Traditional oils will remain wet longer than water-mixable paints and will lead to better results.

- Red (cadmium red medium)
- Light yellow (cadmium yellow light)
- Medium yellow (Hansa yellow medium)
- Dark yellow (yellow ochre)
- Blue (phthalo [THAL–oh] blue)
- Turquoise
- Magenta
- Orange (cadmium orange)
- Light green (sap green)
- Deep green (phthalo green)
- Burnt sienna
- White (titanium white)
- Black (ivory black)

Brushes Used

For convenience, we recommend purchasing a set of oil painting brushes that includes a variety of sizes and shapes. The brushes listed below are specifically called for in the course.

- Flat brushes
  - Size 1, several in sizes 3–7, and size 10 or 11
- Round brushes
  - Size 1 or 2 and size 4
- Filbert brushes
  - Size 2 and size 5
- Fan brush
  - Size 2 or 3

Additional Supplies

- Pencil and eraser
- Ruler
- Linseed oil
- Glass container (with lid) to hold linseed oil
- Odorless mineral spirits (Gamsol)
- Brush-cleaning jar made for oil paint (with a mesh insert in the base of the jar)
- 6–8 count 8″x10″ canvases
- Paper towels or disposable shop towels
- Paper palette or reusable palette
- Palette knife
- Easel (optional)
- Plastic tablecloth or drop cloth
- Washcloth or dishrag
- Dish soap
- 2 found objects (details in Lesson 6)

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