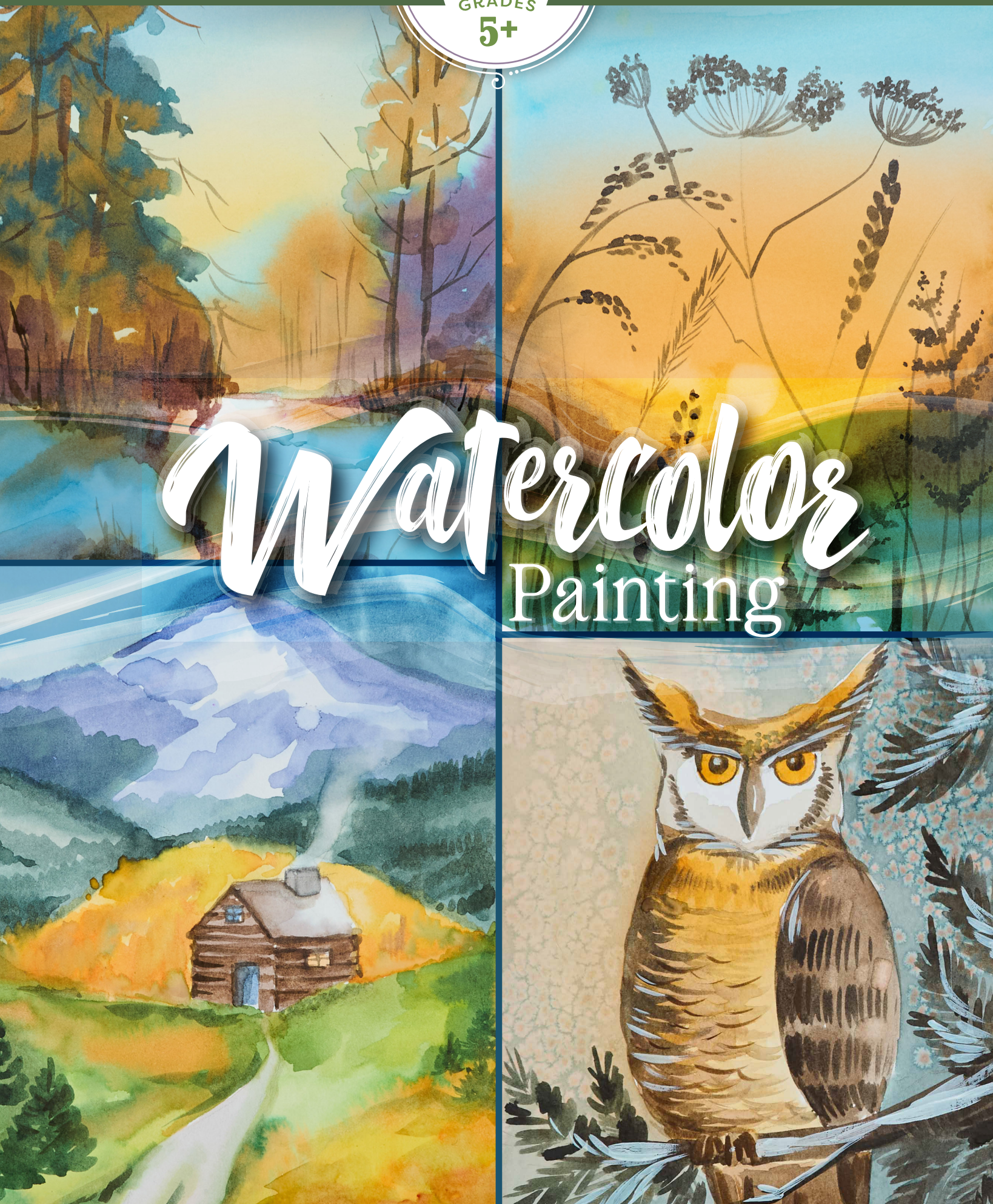
THE GOOD AND THE BEAUTIFUL ELECTIVE

GRADES 5+



Watercolor Painting

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Created by The Good and the Beautiful Team

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ABOUT THIS COURSE

This watercolor course consists of six lessons designed to be completed by the student independently. Parents or guardians can choose to be as involved in the lessons as they would like to be. Students should be aware that their results will not exactly match the results shown in the lessons, which were completed by a professional artist. Painting techniques take time and practice to master, and each individual artist will have their own style. Repeated practice will help students refine their results.

Lesson Overview

Each lesson begins with an overview of a concept or technique used in watercolor painting, along with a small activity to illustrate that concept. To keep the student focused on the material, "Knowledge Checks" appear every few pages. The bulk of each lesson is a step-by-step walk-through of a full watercolor painting. Each project is intended to be completed in a single session. Students should stop to allow the paint to dry only when specifically instructed to do so. Allowing the paint to dry between steps will impact the results, so when possible, parents or guardians should ensure the child has adequate time to complete the full session.

Getting Started

The following page includes a list of supplies needed for the full course. Each lesson begins with a supply list showing what is needed for that specific lesson. Students will need a workspace with a nonporous surface, or they should use a waterproof tablecloth to prevent staining and water damage.

When selecting a watercolor paint set, choose paints that are in the $10–$20 range. Less expensive paints will often have dull pigment and will not give students the best results. Read more about paints on page 10.

Students will need only three paintbrushes for this course. The most important criterion for selecting a brush is the texture of the bristles. They should be soft and hold water well. To read more about selecting brushes, see page 8.

ABOUT THE ARTIST

Yevheniia Poliakova is a Ukrainian-born painter and ceramic artist who grew up on a farm nestled among the lush mountain valleys of the Crimean Peninsula. From her earliest years, a pencil and scrap of paper were Yevheniia's constant companions, and she enjoyed sketching landscapes and gospel scenes. She began exhibiting her artwork at the age of 10. Later on, Yevheniia attended university, where she studied painting and graphic arts. This is where her love of ceramics and painting began. Over the years she has worked as a ceramic artist, a wallpaper designer, and a painting instructor. Yevheniia, along with her husband and four children, left Ukraine just before war began in 2022. The family eventually settled in Utah, where they have made a new home.

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SUPPLIES USED IN THIS COURSE

PAINTING SUPPLIES

- Watercolor paint set (16 colors, artist grade)—See "Properties of Watercolor Paint and Paper" on page 10 for more details.
- White acrylic paint (approx. 4 oz)
- Brushes (sizes 0 or 1, 4, and 8)—See "A Note About Brushes" on page 8 for more details.
- Watercolor paper (8"x10")
- 9"x12" backing surface: a watercolor paper, piece of cardboard, or thick piece of cardstock
- Plastic palette
- Art tape or masking tape
- Water cup with water

OTHER SUPPLIES

- Apron and/or plastic tablecloth (optional)
- Paper towels
- Straightedge or ruler
- Circular object approximately 2" in diameter (such as a cup or jar lid)
- Coarse salt
- Pencil and eraser
- Small fan or hair dryer (optional)

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