GRADES
Pre-K–2

Finger Painting



Finger Painting

Created by The Good and the Beautiful Team

© 2026 The Good and the Beautiful, LLC | goodandbeautiful.com

All rights reserved. This digital publication is licensed for individual use only. It may be printed or copied for personal, noncommercial use by the original purchaser and their immediate household. This file may not be posted online, uploaded to file-sharing platforms, emailed, distributed electronically, or resold in printed or digital form without prior written permission of the copyright owner. Any unauthorized duplication, distribution, or commercial exploitation of this work is strictly prohibited and may result in legal action.

The Good and the Beautiful
CURRICULUM



Table of CONTENTS

About This Course iv

Supplies Needed v

Lesson 1

Wildflowers & Mixing Colors 1

Lesson 2

Gumball Machine. 7

Lesson 3

Four Seasons: Spring. 11

Lesson 4

Four Seasons: Summer 16

Lesson 5

Four Seasons: Autumn 20

Lesson 6

Four Seasons: Winter 24

Lesson 7

Going Camping 28

Lesson 8

Making a Butterfly 34

Lesson 9

Holidays: Fourth of July 37

Lesson 10

Holidays: Thanksgiving. 41

Lesson 11

Holidays: Christmas 46

Lesson 12

Forest Scene. 49

Example Paintings. 55



© Good and Beautiful



About This COURSE

Little children's hearts and minds are most impressionable during the preschool and early elementary years, so it is an important time for molding the way they view learning. This course strives to spark creativity while guiding the parent in creating a solid educational foundation through fun, sometimes messy lessons that require minimal preparation.

There are so many benefits to finger painting! Ruth Faison Shaw, known as the "first lady of finger painting," states that "finger painting aids the imagination and gives a delight in creating things subconsciously, things that one may not even have seen or dreamed of before." Not only does finger painting strengthen a child's hand and finger muscles, contribute to fine motor skills development, and stimulate the senses, but it also allows the child to freely express their creativity and have fun.

While the term "finger painting" implies using just one's fingers, encourage your child to use their hands and arms—or even toes—as well. This will be messy, but it often adds to the enjoyment of the finger-painting experience. The most important lesson a young child can learn is to have fun while learning.

How to Get Started with This Course

Minimal preparation is needed. A list of supplies needed for each lesson is included on pages v–vi.

Lessons are set up as open-and-go with instructions for the parent and prompts to read to the child. Each lesson provides instruction about an art topic and ends with a fun project, with instructions for the project clearly outlined for the parent. Within these instructions you will find Parent Pointers. These call-out notes provide additional information for the parent. The parent may choose to share these facts with the child as they complete the activity.

We recommend displaying the child's artwork when they complete a project. This is an encouragement for young learners and prompts them to take pride in their hard work and artistic expression.







© Good and Beautiful

Supplies NEEDED

Basic Supplies

- fast-drying tempera paint (washable is suggested) in the following colors at minimum: red, orange, yellow, green, blue, white, brown, and black
- paper plates for mixing paint
- white paper, around 8 inches by 11 inches (such as construction paper, drawing paper, craft paper, or mixed-use art paper)
- a waterproof smock, apron, or old clothes that won't be ruined by paint
- a painting surface that is easy to clean (you can cover a surface with an old or disposable tablecloth, newspaper, or butcher paper)
- cleaning supplies (such as hand wipes, soap, water, paper towels, and sponges)

Lesson 1

- red, yellow, blue, and black finger paints

Lesson 2

- red, white, and black finger paints (plus the child's preferred colors for their gumballs)
- small bowl to trace around
- black fine-tip permanent marker or pen

Lesson 3

- red, yellow, white, brown, and black finger paints (plus the child's preferred colors for their birds)
- black fine-tip permanent marker or pen

Lesson 4

- orange, yellow, green, blue, white, and brown finger paints
- cotton swabs
- pencil

Lesson 5

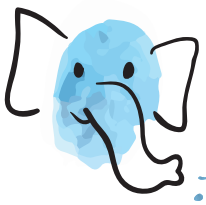
- red, yellow, blue, and brown finger paints (plus the child's preferred colors for extra details)

Lesson 6

- yellow, green, white, brown, and black finger paints (plus the child's preferred colors for their cabin and snowman)
- 1 sheet of brown paper
- pencil
- cotton ball
- cotton swabs







© Good and Beautiful

Supplies NEEDED

Lesson 7

- yellow, green, white, and brown finger paints (plus the child's preferred colors for the camping images)
- 1 sheet of black paper
- scissors
- glue or clear tape
- pencil

Lesson 8

- black finger paint (plus the child's preferred colors for their butterflies)
- 2 pencils

Lesson 9

- yellow finger paint (plus the child's preferred colors for their fireworks)
- cotton swabs
- pencil

Lesson 10

- red, orange, yellow, green, brown, and black finger paints
- googly eyes (optional, 1 per turkey)
- glue (optional)

Lesson 11

- green and brown finger paints (plus the child's preferred colors for their Christmas tree decorations)
- pencil
- cotton swabs

Lesson 12

- red, orange, yellow, green, blue, white, brown, and black finger paints
- black fine-tip permanent marker or pen
- Bible



© Good and Beautiful